



Circular 3
16 February 2012

WOODRIDGE

Live with intention. Walk to the edge. Listen hard. Practice wellness. Play with abandon. Laugh. Choose with no regret. Appreciate your friends. Continue to learn. Do what you love. Live as if this is all there is.

Mary Anne Radmacher

From the Headmaster's desk...



Which is more important; winning or learning?
What makes someone a winner?

Below are two suggestions:

1. You score more points than your opponents – you win

That you might have been totally outplayed or played well below your potential has very little bearing or meaning. We all remember the Rugby World Cup Quarter Final in 2011. ***"If winning was defined as only those that finish first, then 97% of all participants at the Olympic Games would be losers."***

Unknown

2. Winning in terms of mastering a skill

A mediocre performance can still win a game whereas, in stark contrast, the team that has played a magnificent game may find themselves on the losing side. We can only control our own performance and hence the importance of focussing on mastering the necessary skills to give ourselves the best chance of winning. At school level trying to put the mastering of skills into practise might well affect your chances of winning the game.

I think of cricket games when you could possibly give everyone an opportunity to bowl rather than just the talented few. On the rugby field because you want the boys to develop passing skills your game plan might involve no kicking when kicking the ball would be the safe option if you wanted to win the game.

It is important that children play to win and that they are competitive on the sports field and I acknowledge the need to develop a winning culture.

Long term success does however involve the mastering of the skills and unfortunately there will be times when we do not get the results we desire.

When children return home after a sports match, rather than asking *"did you win?"* we should be asking *"what did you learn?"*

So, how can parents encourage young children?

- emphasise the importance of hard work and persistence
- emphasise progress, not results
- reward skill improvement
- encourage children to reflect on their own performances
- focus on the process – the results will take care of themselves.

TREVOR VON BERG



SPORTS RESULTS



CRICKET:

Woodridge U11A vs Westering (Away)

Marc du Toit: 3 for 7

Josh Broekman: 60 not out

Woodridge U11A vs Graeme (Home)

Josh Broekman: 3 for 29

Thumisang Kalane: 30 not out

Woodridge U13A vs Willow Academy (Home)

Nicholas Yerolemou: 3 for 0

Thian Meiring: 3 for 1

James Baldie: 2 for 5

Woodridge U13B vs Graeme (Home)

Thian Meiring: 6 for 17

Jandré Barnard: 2 for 6

TENNIS:

Woodridge Boys vs Clarendon, lost

Woodridge Girls vs Lorraine, won

HORSE-RIDING:

Jorja Rohrich completed in an inter-schools

Show in Grahamstown and achieved the following:

1st – Equitation

1st – Dressage

2nd – x 4 Show Jumping

CYCLING MOUNTAIN BIKE - INTER-HOUSE:

Girls:

1st Danelle Vosloo/Janel Daffue/Louise MacDonald

2nd Geneé Phillips/Ashleigh Wilmot

Boys:

1st – Luc Duval/Yorke Mulkhuyse

2nd – Sakhe Kama/Tommy Bailey/ Jordan Webb



MUSIC: TRINITY MUSIC EXAMS

Danelle Vosloo - Grade 3 Piano, Merit

Coral Jade Dippenaar – Individual Piano, Distinction

Grade 1, Theory of Music

Andrew Masterton – Grade 3 Piano, Distinction

Tarryn Webber – Individual Piano, Distinction

Grade 1 Theory of Music, Merit

SWIMMING:

Eastern Province Sasko 6th A League Gala

Girls U11

Cheyenne Milne (Aquabear Swim Club)

2nd Place 100m Breaststroke

2nd Place 200m Breaststroke

3rd Place 200m IM

Girls U12

Amica de Jager (Watersmart Aquatics)

3rd Place 50m Backstroke

3rd Place 200m Backstroke

Boys U12

Karel van der Vyver

3rd Place 200m Freestyle

ARCHERY:

NASP TOURNAMENT – Internal

Junior boys:

1st – Tate Hempel

2nd – Teagan Doyle

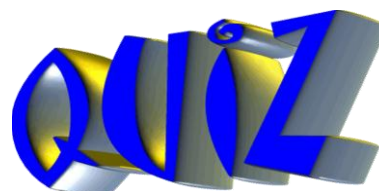
3rd – Jordan Webb

Junior girls:

1st – Caitlin Teeton

2nd – Robyn Grieve

3rd – Geneé Phillips



LIT QUIZ:

Congratulations to:

Mark Lappersonne

Amica De Jager

Summer Lawson

Karli Nortier

The team came 3rd out of 18 teams, achieving a score of 70/100.



THE LEGEND OF DEAD SHOT GEORGE

You may have heard your children talking about this story traditionally told on camps about a Van Staden's legend. They may even have heard the mysterious sound of horse's hooves galloping along the road on a dark night at Woodridge. Well, the story has been written by an old-boy of the school, Christopher Callaghan, and has been published. It is on sale for R70 and if you would like to order one, please email Roslyn Pienaar at Roslyn.Pienaar@Woodridge.co.za. The cost of the book will be deducted from your school account.



THURS, 16 FEBRUARY	<ul style="list-style-type: none"> • Cricket vs Rowallan Park (U10A) Home • Cricket vs Kabega (U11A) Home • Cricket vs Republiek (U11B) - Away • Girls Tennis vs Collegiate C – Away
FRI, 17 FEBRUARY	<ul style="list-style-type: none"> • Inter-house Gala – College Pool
SAT, 18 FEBRUARY	<ul style="list-style-type: none"> • Cricket vs Kingswood (U9A & U11A) – Away • U11B and Nomads vs Kingswood – Home • Canoeing at Yellowwoods
MON, 20 FEBRUARY	<ul style="list-style-type: none"> • Wooden productions : Grade R - 7
TUES, 21 FEBRUARY	<ul style="list-style-type: none"> • Mini Cricket U9 vs Young Park (Home) TBC • Boys tennis vs Theodor Herzl (Home)
WED, 22 FEBRUARY	<ul style="list-style-type: none"> • Foundation Phase : Splash Gala • Cricket vs Northern Areas U13A – Home • Nomads vs Sunridge – Away • Legends vs Setlaars Park - Home
THURS, 23 FEBRUARY	<ul style="list-style-type: none"> • Annual River Race – van Staden's
<p>MID-TERM BREAK INDEPENDENT SCHOOLS' CRICKET FESTIVAL – U13s</p>	



IMPORTANT BUS NOTICE

HALF TERM:

Day Scholar buses will depart at
14h00 on Thursday, 23 February

REMINDER

Annual River Race
 at van Staden's River Mouth
 Thurs, 23 February
 Children can leave from van
 Staden's with their parents

